



## December 2021

Hello 109ers,

We hope everyone has a little more to celebrate and that you are able to take more time to enjoy your families this season. Thank you for allowing us to be a part of the journey.

Merry Christmas!

Thank you!

*Mandy Bartow*

Director/Owner



### Upcoming Holiday Community Events

Downtown Tree Lighting - December 3rd

Rochester Christmas Parade *A Comic Book Christmas* -  
December 5th, 3pm

### Parade Information

It's almost time for the annual Rochester Holiday Parade!! This year's parade is Sunday, December 5th at 3pm. The theme is "A Comic Book Christmas". We have chosen a fun Wonder Woman song to dance to and we will have a super hero themed float. As always, we would love all of our 109ers to be involved and parents that means you too! So, grab your capes and masks as we need volunteers to sit with our little 109er superhero's on the float. We also need parents to help hand out candy along the way! If you have a wagon and would like to decorate that to walk along side of us this is always welcome too. If you have some time, we can always use extra hands-on



Saturday, the 4th to help us put the float together!

Dancers in most classes have seen the parade dance at least once over the last few weeks. We do suggest that 109ers who are on the older side, 8yrs and up, attempt to dance the route; however, we do have some 6 and 7 year old's ready to go!

The day of the parade Studio 109 attire is great along with any fun super hero attire. If you or your child are on the float DRESS WARM! If your 109er is dancing they will be the warmest people that day. We would like studio attire and super capes if you have them :)

*Recreational Dancers:* Back leggings or pants with tights under and socks, SNEAKERS, studio attire on top, ear warmers and light gloves. Please have your hair in a BUN or french braids if you're dancing with us.

*PT Dancers:* PT attire, black tights under leggings, socks, both PT jackets, light gloves and ear warmers. Plus, capes if you have them :) Please have your hair in a BUN or french braids.

**What time to arrive?** - Judging is usually around 1:30p so if your dancer would like to be there and have Mandy's famous Christmas cookies then come early, no earlier than 1pm! If you're only participating in the actual parade you must be in the front parking lot of Spaulding High School no later than 2:30p. The parade ends at the Rochester Commons. Parents must pick their dancers up from a 109er staff member at the Commons promptly after the parade. If you're not walking with us, watch the parade near the end of the parade route please and thank you.

Dancers, please do not bring extra things with you like bags or extra jackets etc. If you are on the float, you may bring blankets, etc.

Finally, our Studio 109 Tutus for Tatas Relay for Life team will be joining us to help promote the American Cancer Society and the upcoming 2022 event! If you are interested in joining the team, or want to walk and help distribute save the date cards, you are welcome!

### Upcoming UNH Dance Shows

Our very own instructor Lauren Scheffer (a senior OT student, dance minor, Dance Company member) will perform in two shows this month. The UNH Aerial Showcase is December 8 at 7pm in the Newman Dance Studio / New Hampshire Hall at UNH. And the Dance Showcase is December 13 at 7pm in the Paul Creative Arts Center at UNH. **Tickets are required.**



## **Studio 109 News Nuggets**

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### Illness

If your child appears sick; even with the common cold



please keep them home. This is for vaccinated and unvaccinated. Thank you for helping us with this safety precaution.

### Upcoming Events

#### **CHRISTMAS HAIR BUN WEEK**

December 6-9...show us your holiday creativity bun style!



#### **UGLY SWEATER WEEK**

December 13-17...well this is obvious, right?! Llamas, glitter, sherpa, santas galore! Bring it on...literally!

#### **SHARE YOUR FAVORITE CHRISTMAS COOKIE**

December 20-22...bake and bring in your favorite Christmas cookies to share - it's like a pot luck of JUST cookies! Yum!

#### Visit Our Calendar

We will be closed December 23 - January 2, 2022



- Dec 3 - Tree Lighting
- Dec 5 - Rochester Parade
- Dec 6-9 - Christmas Hair Bun Week
- Dec 13-17 - Ugly Sweater Week/Christmas Shirt
- Dec 20-22 - Share Your Favorite Christmas Cookie
- Dec 23 - Jan 2 - Closed Holiday Break

Stay up-to-date by visiting our [online calendar](#) regularly at [www.studio109dance.com](http://www.studio109dance.com).

If you need to reach us you can email us at [info@studio109dance.com](mailto:info@studio109dance.com)

### Relay for Life - Join Us!

## **SAVE THE DATE: June 25, 2022**

at Spaulding High School

The Event Leadership Team (ELT) will begin planning the 2022 event on Thursday, December 2 at 6:30pm (at the Rochester Community Center). Looking for a way to get involved? This is it!

Tutus co-captain Sarah Scheffer has volunteered to co-chair the 2022 event this year and is asking for YOUR help in making it a special one. If you have any questions about the Relay for Life, getting involved with the ELT or the Studio 109 Tutus for Tatas team, [please reach out!](#)

The 2022 RFL website is up and folks are invited to join our team! <http://main.acevents.org/goto/2022TutusForTatas> - register today!



Our [Facebook page](https://www.facebook.com/Studio109TutusForTatas) ([www.facebook.com/Studio109TutusForTatas](https://www.facebook.com/Studio109TutusForTatas)) will help you stay connected to upcoming events and activities! Follow the [Rochester Relay for Life Facebook page](#), too!

**March with us in the Rochester parade!**

**STUDIO 109**

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